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- Submission Process and Guidelines
- Introducing Dr Pamela Whitaker and Upcoming CATA Special Issue
- Questions:
 - ✦ How can art therapy practice be strengthened through research?
 - ✦ How do you see art therapy research progress in



Goals

- For attendees to become more familiar with the CATA-ACAT Journal
- What are your hopes and wishes for the journal?
- For you to bring ideas to the journal about research in Canada
- Introducing our upcoming special topic

Introduction to Myself

- Professional Art Therapist and Canadian Certified Counsellor,
- Communications Chair for 2 years, Acting Chief Editor of CATA-ACAT Journal
- Work: Art Therapist at Cross Cancer Institute, teaching at Canadian Institute of International Art Therapy
- MA & BFA: Concordia University in Montreal
- Training: Trauma-informed art therapy



What is the CATA- ACAT Journal?

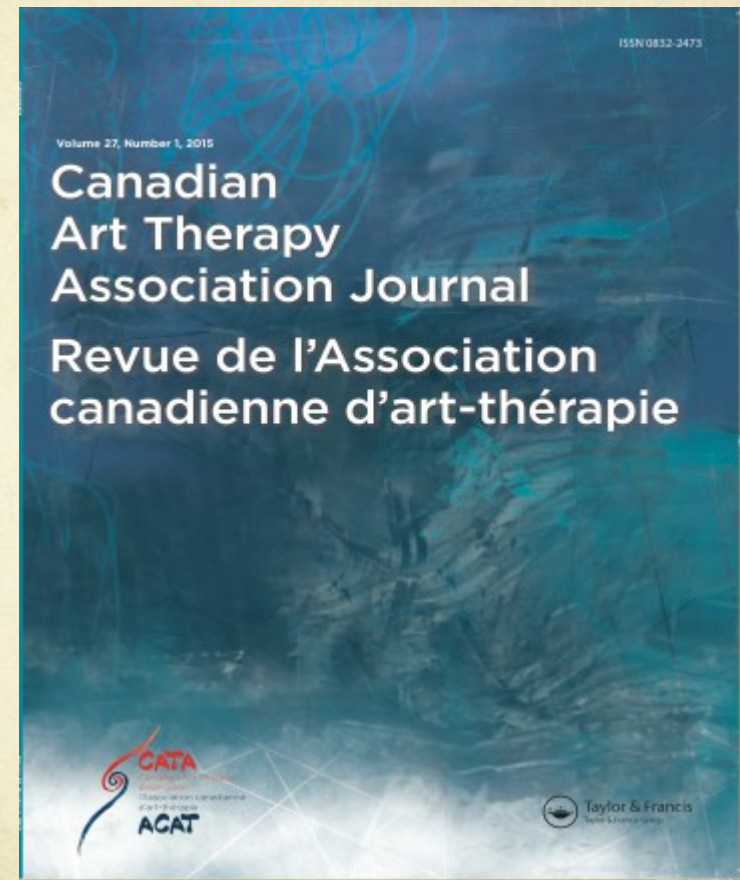
- *Canadian Art Therapy Association Journal* is the Canadian voice of art therapy, and the official journal of the Canadian Art Therapy Association/l'Association Canadienne d'art-thérapie (CATA).
- Aims to advance the profession and practice of art therapy in Canada through publishing ethical, empirical, and original scholarly research. The Journal connects national and international art therapists to:
 - ✦ Advance the understanding and use of innovative art therapy theories, interventions and practices;

Changes since 2015



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- Since 2015: Professional Publishers, New look (binding, cover, bilingual), New website, New submission process, New peer review and copyediting process, presentation at CATA conference and more information added to website (including ppt presentations), new marketing strategies, New chief Editor
- Since 2016: New Editorial Review Board Members Scope, Editorial Review Members Quarterly Meetings, New Book Review



New Subcategories

- **Articles, Book Reviews**
and...
- **Art Therapy in Practice**
 - ✦ practical applications and tools of art therapy practice
- **Art Therapy Approaches**
 - ✦ Theoretical contemplations and inquiries, based on historical and contemporary research.



Publisher's Report:

Subscriptions

○ From September 2016 Report

The following is a breakdown of current subscription figures as of September 2016:

Subscription Type	2016 YTD	2015
Institutional	32	30
Individual	4	4
Online Archive*	0	0
Sales Packages	N/A	2,165
TOTAL	36	2,200

* The Online Journal Archive provides online access to back file content published previous to 1997.

Geographically, subscriptions are mostly from North America. The regional breakdown for the final count of 2015 subscriptions, as well as 2016 year-to-date subscriptions, is reflected in the table below.

Region	2016 YTD	2015
North America	31	31
Asia	2	2
Europe	3	1
TOTAL	36	34

Downloads

The following table is a count of full-text article downloads per month in 2016:

January	February	March	April	May	June	Total
1,303	650	944	751	470	1,084	6,472
July	August	September	October	November	December	
716	554	-	-	-	-	

The following table is a count of full-text article downloads per month in 2015:

January	February	March	April	May	June	Total
0	0	0	27	184	253	3,552
July	August	September	October	November	December	
336	279	789	448	502	734	

The following table is a count of article downloads by issue in 2016 YTD (top ten):

Volume, Issue, Year	Article Downloads
Vol. 28, No. 1-2, July 2015	1,504
Vol. 29, No. 1, January 2016	1,029
Vol. 26, No. 2, September 2013	658
Vol. 24, No. 2, September 2011	341
Vol. 25, No. 2, September 2012	287
Vol. 25, No. 1, March 2012	260
Vol. 20, No. 2, September 2007	168
Vol. 23, No. 2, September 2010	168
Vol. 26, No. 1, March 2013	151
Vol. 20, No. 1 March 2007	150

Most Cited Articles 2016

The following is the list of top ten articles downloaded in 2016 YTD:

Volume (Issue)	Article	Author(s)	Downloads
28(1-2)	The Art of Positive Emotions: Expressing Positive Emotions Within the Intersubjective Art Making Process	Gioia Chilton, Nancy Gerber, Amanda Bechtel, Tracy Council, Monica Dreyer, and Elizabeth Yingling	792
29(1)	The Use of Sculptural Lifelines in Art Psychotherapy	Sonia M. Stace	663
26(2)	Art Therapy for Complicated Grief: A Focus on Meaning-Making Approaches	Sherry L. Beaumont	378
28(1-2)	Participatory Action Research With Therapeutic Arts Practitioners: Research Capacity Building in a Pediatric Hospital	Candace Lind, Marja Cantell, Sandy Baggott, Marc Houde, and Stephanie Coupal	270
29(1)	A Pilot Outcome Study of Art Therapy and Music Therapy With Hospitalized Children	Einat Metz, Malissa Morrell, and Alexandra Field	221
28(1-2)	Expressive Arts Therapy Group Helps Improve Mood State in an Acute Care Psychiatric Setting	Grace Chiu, Janine Hancock, and Andrea Waddell	213

Submissions

The following table provides a breakdown of **submissions** received in the specified time period, by article type.

Article Type	2015	2016
Book Review	1	5
Editorial	0	1
Original Article	5	21
Total	6	27

The following table provides a breakdown of submissions with accepted final decisions in specified time period, by corresponding author's country and year of final decision.

Country	2015	2016
Australia	0	1
Canada	4	7
United States	3	2
Total	7	10

Achievement

- Increased submissions
- Stellar journals
- International recognition
- International reviewers

2016 Counseling and Therapy Article Collection

In March 2016, an electronic promotion featuring free online access to top articles from over 75 of our counseling, therapy, and mental health journals portfolio was created. The collection will be promoted to targeted audiences through email, web advertising, and flyers at conferences. The 2016 featured article and an open access article from the *Canadian Art Therapy Association Journal* are included in this campaign:

- **The Art of Positive Emotions: Expressing Positive Emotions Within the Intersubjective Art Making Process (L'art des émotions positives : exprimer des émotions positives à travers le processus artistique intersubjectif),** Gioia Chilton, Nancy Gerber, Amanda Bechtel, Tracy Councill, Monica Dreyer, and Elizabeth Yingling
Current Article Views: 835
- **Participatory Action Research With Therapeutic Arts Practitioners: Research Capacity Building in a Pediatric Hospital (Recherche-action avec des praticiens des arts thérapeutiques : renforcement des capacités en recherche dans un hôpital pédiatrique),** Candace Lind, Marja Cantell, Sandy Baggott, Marc Houde & Stephanie Coupal
Current Article Views: 242

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Official Journal of the Canadian Art Therapy Association

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This journal

- Aims and scope
- Instructions for authors
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Journal news

FREE ARTICLE: Participatory Action Research with Therapeutic Arts Practitioners

Volume 29, 2016 | Vol 28, 2015 | Vol 27, 2014 | See all volumes and issues

Issue 1

Editorial

Editorial
Passion and Curiosity in Art Therapy Research (La passion et la curiosité en recherche sur l'art-thérapie) >
Marilyn Magnuson
10 Jun 2016

Articles

Research article
A Pilot Outcome Study of Art Therapy and Music Therapy With Hospitalized Children (Étude pilote des résultats de l'art-thérapie et de la musicothérapie auprès d'enfants hospitalisés) >
Einat Metzl, Malissa Morrell & Alexandra Field
10 Jun 2016

Research article
Empowering Bullying Victims Through Artistic Expression (L'autonomisation des victimes d'intimidation par l'expression artistique) >
Jennifer Laffier
10 Jun 2016

URL is:
<http://www.tandfonline.com/toc/ucat20/current>

CATA Members Access Journal

Access all articles published since the beginning! (1985)

1. Login to CATA website
2. Members Only Section
3. Journal Access > Click Link





The screenshot shows the website header with the CATA logo and the text "Canadian Art Therapy Association The Voice of Art Therapy in Canada". A navigation menu on the left lists various sections, with "Members Only" expanded to show "CATA Journal Access" highlighted with a blue star. The main content area features a cover image of the "Canadian Art Therapy Association Journal" and a text block stating: "The link below provides you with access to all of the Canadian Art Therapy Association Journals from 1985 to the most current. We hope that you enjoy reading both the historical and contemporary Canadian art therapy research." Below this text, another blue star highlights the word "here" in the sentence "Please click here to access Canadian Art Therapy Association Journals on Taylor & Francis Online."

Cool features

Altmetric [Download citation](#) <http://dx.doi.org/10.1080/08322473.1986.11432170>

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The Interpretation of Imagery


Shawn McNiff, Ph.D., ATR.

THE PROCESS OF INTERPRETING art has long attracted my attention since I began my career in art therapy. I began my lecture without addressing the issue of image abuse in psychology and with a missionary zeal for the aesthetic sensibilities were inflated by the art world which reduced images to clichés. Paintings were analyzed in terms of psychosexual frameworks. What emerged in these interpretations were negative character traits. The principal source of clichés. These interpretations were based on 'hidden' conflicts and motives. These methods of art interpretation gave no attention whatsoever to the intentional sensibility of the artist. Everything was assumed to be something other than what it was. I found serious flaws in these interpretations of art that not only debased the artist and the image but limited the therapeutic effects of the art experience.

Sometimes the interpretations were imaginative and even humorous. I should actually be thankful to them since they have provided me with provocative lecture material throughout my career. Psychosexual clichés of interpretation see the phallus in every tree, serpent or projectile; the vagina in every opening, lake and circular configuration; sexual repression in closed doors and crossed lines; oral deprivation in vacuum cleaners; masturbatory guilt in smudged hands; obsessive compulsive tendencies in detailed compositions; and toilet conflicts with brown. When Georgia O'Keeffe saw that her evocative paintings of flowers and landscapes were being reduced to these psychosexual clichés she made a memorable and brief statement which dismissed the interpretations. "They're talking about themselves, not me."

Only now is the world beginning to realize that interpretations of art are the projections of those who make them. The artwork is itself an interpretation of

The Interpretation of Imagery

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Notable historical articles in

From the 80s CATA-ACAT Journal

- Shaun McNiff Ph.D., ATR. (1986) The Interpretation of Imagery, 1, 3:1, 8-16
- Stephen K. Levine Ph.D., D.S.Sc. (1988) Image Abuse and the Dialectic of Interpretation, 3:2, 18-26

From the 90s

- Stephen K. Levine Ph.D., D.S.Sc. (1991) The Dialectic of Creativity, 6:1, 30-41
- Frances F. Kaplan D.A., A.T.R. (1994) The Art of Anger, 8:1, 18-29,
- Jacqueline Fehlner B.A., R.C.A.T. (1996) Art



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How to submit

Access www.editorialmanager.ca/ucate URL through CATA website and multiple places on Journal website (even individual articles)


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Questions when Registering



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3. Personal classification (areas of expertise)
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Submission Page

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- Incomplete Submissions (0)
- Submissions Waiting for Author's Approval (0)
- Submissions Being Processed (0)

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- Revisions Sent Back to Author (0)
- Incomplete Submissions Being Revised (0)
- Revisions Waiting for Author's Approval (0)
- Revisions Being Processed (0)
- Declined Revisions (0)

Completed

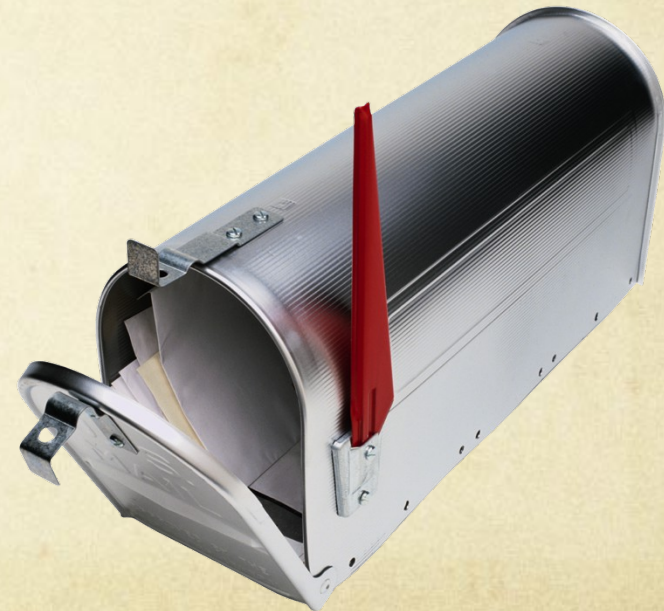
- Submissions with a Decision (0)

Click Here to submit your manuscript.
You can then see the manuscript process through this menu.

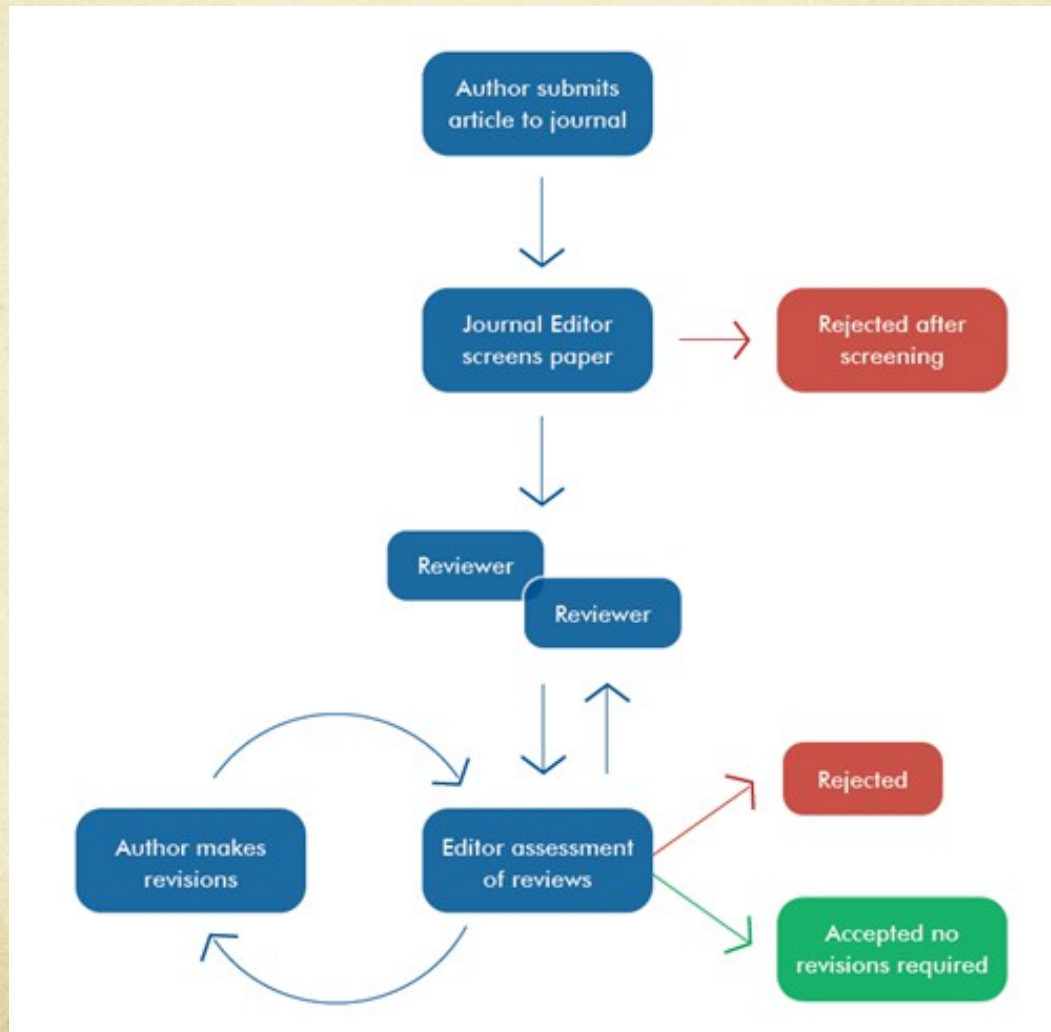
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Submitting a manuscript

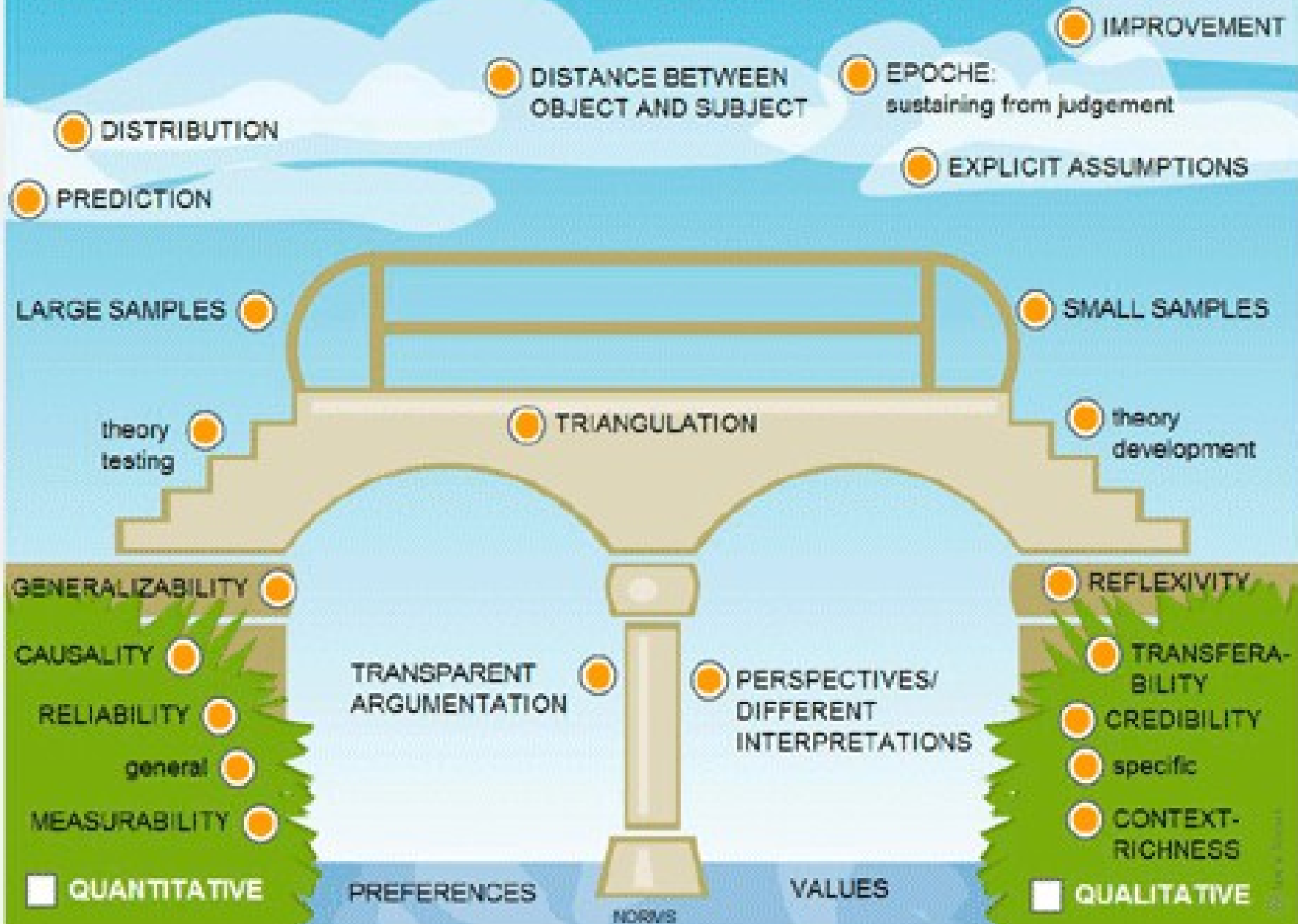
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2. Full Title
3. Add other authors
4. Funding Source
5. Category of research (qualitative, quantitative, arts-based, etc.)
6. Abstract submission
7. Select Classification (5)



Peer Review Process



QUANTITATIVE VERSUS QUALITATIVE RESEARCH METHODS



Introduction to Dr. Pamela Whitaker, PhD, MA, DVATI

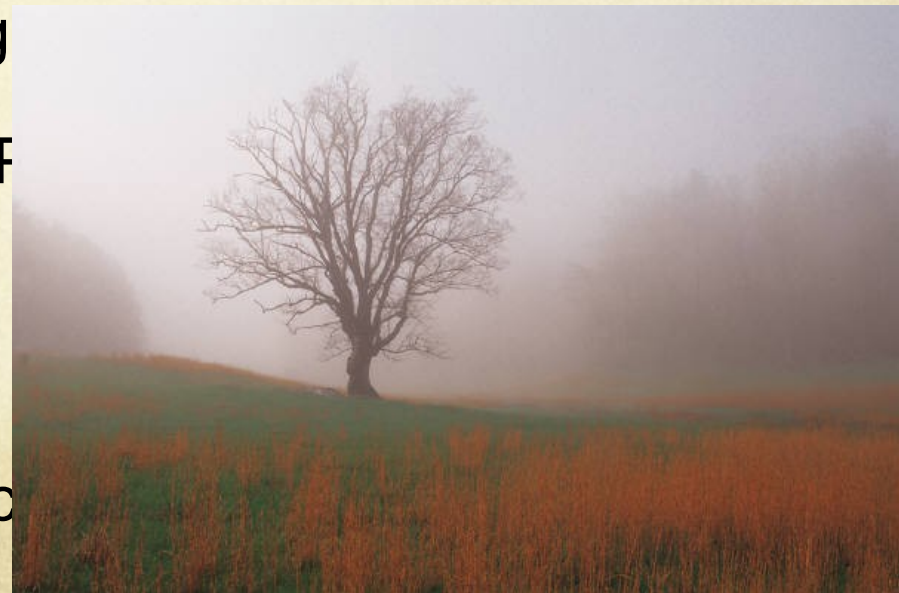
- Trained at VATI
- Location: County Louth, Ireland
- Founder and Director at
Groundswell: www.groundswell.ie
- Blog:
<https://territoriesofarttherapy.wordpress.com/>
- Interest in art therapy and the
environment, developing course
for National College of Art and
Design in Dublin (Public



New Special Issue: Art Therapy and the Environment

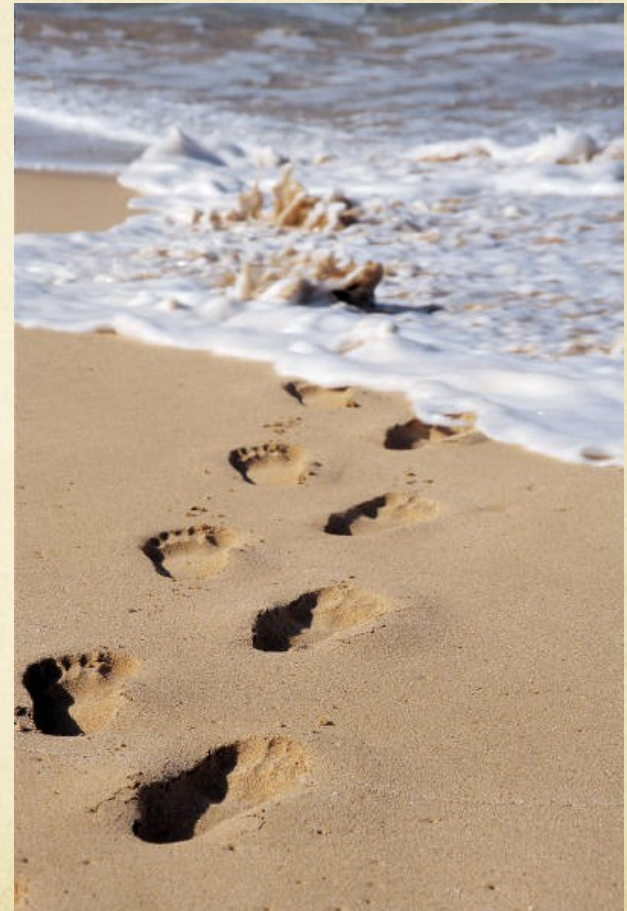
Deadline for Submissions: January 15, 2016

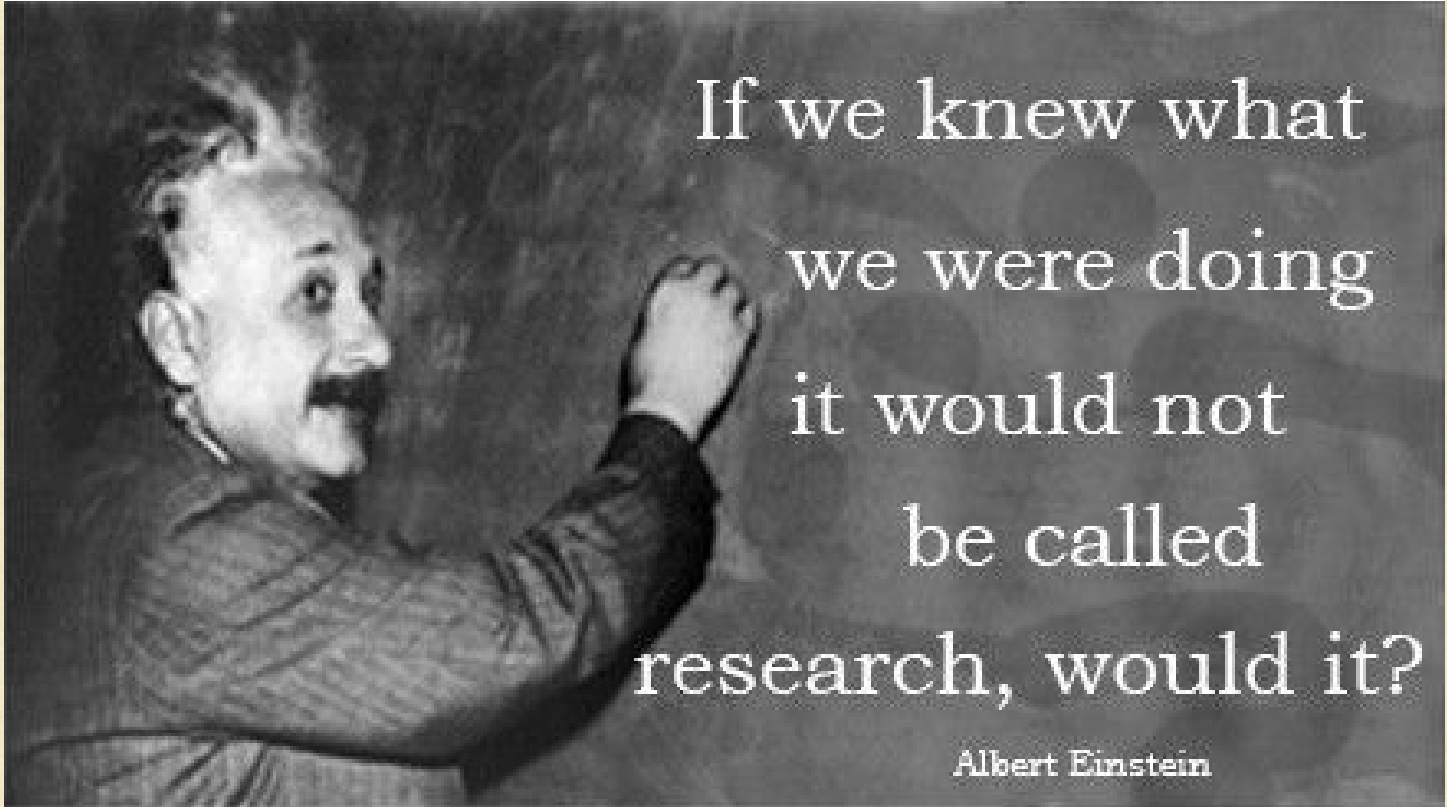
- Indigenous Cultures and Traditions
- Social Activism and Locations of Practice
- Art Therapy Events in Neig
- Outdoor Studios in Parks, F
Areas
- Land or Environmental Art
- Art Therapy in Site Specific
- The Art of Walking



Questions... with a focus on what we have

- How do you see the contemporary art therapy research landscape?
- How can the CATA-ACAT Journal support researchers? ... we already have student Research and RCAT Research Grant of 1000\$, and prize for publication
- What are the contemporary needs for art therapist researchers?
- How can you support the art therapy research community?





If we knew what
we were doing
it would not
be called
research, would it?

Albert Einstein